



OFFICE OF VOCATIONS
ARCHDIOCESE OF TORONTO



HOLY HOUR FOR
VOCATIONS



O Salutaris

O Salutaris Hostia	Uni trinoque Domino
Quae caeli pandis ostium:	Sit sempiterna gloria,
Bella premunt hostilia,	Qui vitam sine termino
Da robur, fer auxilium.	Nobis donet in patria. Amen.

Opening Prayer Intentions

Leader: For the intentions of the Holy Father, Pope N.____, we pray to the Lord

Response: Lord hear our prayer.

Leader: For our Bishop, N.____, for our priests, seminarians, deacons, brothers, sisters, religious and all those living a consecrated life, and for all those discerning a call to religious life, we pray to the Lord.

Response: Lord hear our prayer

Leader: For our personal intentions, and the intentions of all those gathered here.... (offer aloud or in the silence of your hearts). We pray to the Lord.

Response: Lord hear our prayer

Most Holy Rosary of the Blessed Virgin Mary

1. Make the Sign of the Cross. Then, pray the Apostles' Creed.
2. On this first bead pray the Our Father.
3. On these 3 beads pray 3 Hail Marys.
4. Here, between the beads, pray the Glory be.
5. Announce: "The 5 Joyful (or Sorrowful, or Glorious, or Luminous) Mysteries. The first (Joyful) Mystery, The Annunciation." Read the scripture verse and the prayer. Then pray the Our Father
6. Pray 10 Hail Marys.
7. Between the beads pray the Glory be and the Decade Prayer.
8. Announce the second mystery, and repeat steps 5, 6 and 7. Then do the same with the remaining 3 decades.
9. After having finished all 5 decades, conclude by praying the Hail Holy Queen and continue with the Litany for Vocations.

The Joyful Mysteries - Monday & Saturday

1. The Annunciation - Luke 1:26-38

Leader: God, your Word comes to us as a gentle invitation to know you better and to follow your will. Help us to be open to your call in our lives, and, like Mary, to respond to that call generously. Guide those whom you have called to priesthood and consecrated life to dedicate themselves to you as your servants. We ask this, with Mary, through Christ our Lord.

Response: Amen

2. The Visitation - Luke 1:39-45

Leader: God, your life stirs our hearts to love and to service. Help us to seek you ever more in service to our brothers and sisters, and lead those who hear your call to priesthood and consecrated life to give you glory through lives of faithful service. We ask this, with Mary, through Christ our Lord.

Response: Amen.

3. The Nativity of the Lord - Luke 2:1-7

Leader: God, your Son became flesh for the salvation of the world. Hear us as we ask you to raise up in your Church new servants of your incarnate Word, to make Jesus present through the sacraments and through loving service to others. We ask this, with Mary, through Christ our Lord.

Response: Amen

4. The Presentation of the Lord - Luke 2:22-35

Leader: God, as your Son was presented in the Temple as your gift to Mary and Joseph, help us to offer to you our lives in response to your call. May those who hear a call to priesthood and consecrated life generously offer their gifts of themselves and find the courage to be signs of contradiction in our world. We ask this, with Mary, through Christ our Lord.

Response: Amen

5. The Finding of Jesus in the Temple - Luke 2:41-52

Leader: God, help us to seek you where you may be found. May we who hear your call to be your light to the world find the courage to offer to you lives of service and joy in response to the generous gifts of life and love you have given to us. We ask this, with Mary, through Christ our Lord.

Response: Amen

The Luminous Mysteries - Thursday

1. The Baptism of the Lord - Mark 1:9-11

Leader: Lord God, in our Baptism you have given each of us a unique vocation. Help us to live lives of holiness and dedication to you. May we always seek to do your will and be found worthy to hear that you are well pleased with us. We ask this, with Mary, through Christ our Lord.

Response: Amen

2. The Wedding at Cana - John 2:1-11

Leader: Lord God, at Cana Jesus blessed marriage as a reflection of His love for the Church. May those who are called to this vocation of love be found chaste and faithful in their vows, and may those who are called to be your brides and bridegrooms in vocations of service remain single-hearted in their dedication to you and your Church. We ask this, with Mary, through Christ our Lord.

Response: Amen

3. The Proclamation of the Kingdom - Mark 1:14-15

Leader: Lord God, your Word reaches to the ends of the earth. Send more ministers of that Word into the world to share the richness of your life with a world that so desperately needs it. We ask this, with Mary, through Christ our Lord.

Response: Amen

4. The Transfiguration of the Lord - Mark 9:2-8

Leader: Lord God, in Jesus we see the fullness of your revelation to the world. Help us to remain fixed on His light, and help those whom you call to the priesthood and consecrated life to reflect that light to the world. We ask this, with Mary, through Christ our Lord.

Response: Amen

5. The Institution of the Eucharist - Mark 14:22-25

Leader: Lord God, in the Eucharist we receive the fullness of your life and love; we taste heaven and are promised eternal life. Send more faithful servants of this mystery into your Church and raise up new priests to renew this Sacrament of love. We ask this, with Mary, through Christ our Lord.

Response: Amen

The Sorrowful Mysteries - Tuesday & Friday

1. The Agony in the Garden - Mark 14:32-36

Leader: Lord, often we feel burdened beyond our ability to endure. Help us to see in your holy will the freedom of the children of God. Give to those who hear a call to priesthood and consecrated life the strength and courage to respond to your will generously and with love. We ask this, with Mary, through Christ our Lord.

Response: Amen

2. The Scourging at the Pillar - Luke 23:13-16

Leader: Lord, this world does not always understand the choice to sacrifice all for the sake of heaven. Assist those who are following a call to priesthood and consecrated life to endure the hardships that their generous gift of self can bring upon them. We ask this, with Mary, through Christ our Lord.

Response: Amen

3. The Crowning with Thorns - John 19:2-5

Leader: Lord God, your Word reaches to the ends of the earth. Send more ministers of that Word into the world to share the richness of your life with a world that so desperately needs it. We ask this, with Mary, through Christ our Lord.

Response: Amen

4. The Carrying of the Cross - John 19:16-17

Leader: Lord, Jesus calls us to pick up our crosses and follow Him. May those who follow Him in lives dedicated to the Church find the strength to continue in their fidelity and joyfully bear their crosses for His sake. We ask this, with Mary, through Christ our Lord.

Response: Amen

5. The Crucifixion - Mark 15:22-27

Leader: Lord, on the Cross Jesus offered you the perfect sacrifice: all that he had and all that he is. Inspire more young people to respond to your call to service in the Church with lives of total dedication to your People. We ask this, with Mary, through Christ our Lord.

Response: Amen

The Glorious Mysteries - Wednesday & Sunday

1. The Resurrection of the Lord - Matthew 28:1-7

Leader: Heavenly Father, the resurrection of Jesus brought the hope of new life to the world. Help those who are called to make disciples of the nations to draw their strength and hope from the assurance that He lives and reigns forever. We ask this, with Mary, through Christ our Lord.

Response: Amen

2. The Ascension of the Lord - Acts 1:6-12)

Leader: Heavenly Father, Jesus has promised to remain with His Church until the end of time. May those who are called to continue His work through the sacraments and holy witness be strengthened to carry out your will for the Church. We ask this, with Mary, through Christ our Lord.

Response: Amen

3. The Descent of the Holy Spirit - Acts 2:1-7,11

Leader: Heavenly Father, continue to send forth your Spirit to renew in your Church the call to serve you in the priesthood and consecrated life. May that Holy Spirit always be active in our lives. We ask this, with Mary, through Christ our Lord.

Response: Amen

4. The Assumption of the Blessed Virgin Mary - Revelation 12:1-6

Leader: Heavenly Father, Mary now enjoys the fullness of your life in heaven. Help us to realize that you have a plan for each of our lives and that our happiness lies in discovering and following that plan. We ask this, with Mary, through Christ our Lord.

Response: Amen

5. The Coronation of Mary, Queen of Heaven and Earth - Luke 1:46-55

Leader: Heavenly Father, it is in humility that we discover how truly great our vocations are. Help us to serve you in humble ways so that others may see your light, rather than our own. We ask this, with Mary, through Christ our Lord.

Response: Amen

Litany for Vocations

Response (R): O Mary, intercede for us.

Leader (L): Mother of the Word Incarnate, help us to become more aware of the need for vocations to the priesthood and religious life... R.

L: Mother of God, grant that others, like yourself, may say “yes” to your Son’s call to the religious life... R.

L: Mother of the Church, may many workers be added to the service of your Son’s Church... R.

L: Lady of Mercy, enlighten our minds that we may respond to our responsibility as parents to foster vocations in our homes... R

L: Queen of Heaven, help our young to follow your Son’s footsteps... R

L: Blessed Mother, open our hearts and minds to love our priests and religious, to recognize their humanness and their needs as we do our own... R

L: Queen of Angels, give our Church true disciples who will serve as priests, sisters and brothers... R

L: Dearest Mother, keep our young open to hear God’s call... R

L: Mother of Love, make us more open to the love our priests and religious have for us... R

L: Our Lady Queen of Heaven, help us to recognize that God alone does not call... R

L: Holy Family, help the families in this parish to discuss vocations to the religious life in a positive and encouraging manner... R

L: Queen of the Rosary, remind us to pray for our religious and those studying for the religious life, that they will remain zealous and dedicated to their call... R

L: Our Lady of Lourdes, we ask for happiness among priests, seminarians and all those engaged in a special Christian vocation to service... R

Silent Adoration

Approximately 20 minutes in duration

Invocation for Priests and the Religious Life

Leader: The harvest is great. The laborers are few.

Response: Lord, send laborers to Your harvest.

Leader: You took pity on the crowds without a shepherd.

Response: Lord, send laborers to Your harvest.

Leader: For young people who feel Your call,

Response: Lord, grant them generosity.

Leader: For souls consecrated to You,

Response: Lord, increase their charity.

Leader: For young people who doubt Your call,

Response: Lord, grant them certainty.

Leader: For those who feel Your call while they are still young,

Response: Lord, be with them.

Leader: For our Holy Father, Pope N.____,

Response: Lord, hear our prayer.

Leader: For the shepherds of Your church,

Response: Lord, hear our prayer.

Leader: For our Bishop, N.____,

Response: Lord, hear our prayer.

Leader: For those who most need Your grace,

Response: Lord, hear our prayer.

Leader: For those who are far from You,

Response: Lord, hear our prayer.

Leader: O Jesus, eternal priest, never cease to send to Your Church new priests and consecrated men and women, shepherds after Your own heart. We need Your ministers. We need Your envoys. They are the instruments of Your grace and love. They console us in Your name, they nourish our hope, strengthen our faith, and intensify our love. We need them, Lord, because we need You, we need Your love.

Leader: Do not leave us on our own, Lord. Send laborers to the harvest of the world. Send fishers of men who will gather us up in the nets of Your mercy. With humility and trust we implore You to send us shepherds after Your own heart. The harvest is great. The laborers are few. Lord, send laborers to Your harvest. We ask this through Christ Our Lord.

Response: Amen.

Vocation Prayer

O dearest Jesus, Son of the eternal Father and Mary Immaculate, grant to our young men and women the generosity necessary to follow Your call, and the courage required to overcome all obstacles to their vocation. Give to parents that faith, love, and spirit of sacrifice which will inspire them to offer their children to God's service, and cause them to rejoice exceedingly whenever one of their children is called to the religious life. Let Your example, and that of Your Blessed Mother and Saint Joseph, encourage both children and parents, and let Your grace sustain them.
Amen

Prayer for the Spread of Perpetual Adoration

Heavenly Father, increase our faith in the Real Presence of Your Son Jesus Christ in the Holy Eucharist. We are obliged to adore Him, to give Him thanks and to make reparation for sins. We need Your peace in our hearts and among nations. We need conversion from our sins and the mercy of Your forgiveness. May we obtain this through prayer and our union with the Eucharistic Lord.

Please send down the Holy Spirit upon all peoples to give them love, courage, strength and willingness to respond to the invitation to Eucharistic Adoration. We beseech You to spread Perpetual Adoration of the Most Blessed Sacrament in parishes around the world. We ask this in the name of Jesus the Lord. Amen

Our Lady of the Most Blessed Sacrament, help us to spread the glory of Your Son through Perpetual Adoration.

Tantum Ergo

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et iubilatio
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen

Rite of Benediction

Latin:

Priest: Panem de caelo
praestitisti eis (Alleluia).

People: Omne
delectamentum in se
habentem (Alleluia).

Priest: Oremus: Deus, qui
nobis sub sacramento mirabili,
passionis tuae memoriam
reliquisti: tribue, quaesumus,
ita nos corporis et sanguinis
tui sacra mysteria venerari, ut
redemptionis tuae fructum in
nobis iugiter sentiamus.
Qui vivis et regnas in saecula
saeculorum.

People: Amen.

English:

Priest: You have given them
bread from heaven. (Alleluia)

People: Having all sweetness
within it. (Alleluia).

Priest: Let us pray:
Lord Jesus Christ, you gave
us the Eucharist as the
memorial of your suffering
and death. May our worship
of this sacrament of your
body and blood, help us to
experience the salvation won
for us and the peace of the
kingdom, where you live with
the Father and the Holy Spirit,
God, for ever and ever.

People: Amen.



Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary Most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

Priest: May the sacred heart of Jesus in the Most Blessed Sacrament be praised, adored, and loved with grateful affection at every moment in all the tabernacles in the world, even until the end of time.

People: Amen.

Prayer for Vocations

Priest: Let us ask God to give worthy Priests, Brothers, and Sisters to His Holy Church. Pray, therefore, the Lord of the Harvest.

People: That He may send laborers into His Harvest.

Priest: Let us pray. O God, who has chosen the apostles to propagate the faith, and to establish Your Holy Church throughout the world, we earnestly ask You to choose from among our people, many priests, brothers, and sisters who will gladly spend their entire lives in making You known and loved by all, through Christ our Lord.

People: Amen.

Holy God We Praise Thy Name

Holy God, we praise thy name; Lord of all, we bow before thee!

All on earth thy scepter claim, All in heav'n above adore thee

Infinite thy vast domain, Everlasting is thy reign

Infinite thy vast domain, Everlasting is thy reign

Hark! The loud celestial hymn, Angel choirs above are raising;

Cherubim and Seraphim, In unceasing chorus praising,

Fill the heav'ns with sweet accord: "Holy, holy, holy Lord!"

Fill the heav'ns with sweet accord: "Holy, holy, holy Lord!"



IS GOD CALLING YOU TO SOMETHING MORE?

Fr. Matthew McCarthy

Vocations Director, Archdiocese of Toronto

☎ 416-261-7207 ext.801

✉ vocations@archtoronto.org

🌐 www.vocationstoronto.ca

📱 @vocationstoronto



OFFICE OF VOCATIONS
ARCHDIOCESE OF TORONTO

